

LAB #: F000000-0000-0 **PATIENT: Sample Patient** ID: PATIENT-S-00003 SEX: Male AGE: 7

CLIENT #: 12345 DOCTOR: Doctor's Data, Inc. 3755 Illinois Ave. St. Charles, IL 60174

Toxic Metals; Feces

TOXIC METALS						
		RESULT	REFERENCE	PERCENTILE		
		mg/kg Dry Wt	INTERVAL	68 [™] 95 [™]		
Mercury	(Hg)	0.031	<.05 w/o amalgams*			
Mercury	(Hg)	0.031	<0.5 with amalgams*	-		
Antimony	(Sb)	0.100	< 0.080			
Arsenic	(As)	0.20	< 0.30			
Beryllium	(Be)	< dl	< 0.009			
Bismuth	(Bi)	229.8	< 0.050			
Cadmium	(Cd)	0.41	< 0.50			
Copper	(Cu)	63	< 60			
Lead	(Pb)	0.27	< 0.50			
Nickel	(Ni)	11.8	< 8.0			
Platinum	(Pt)	< dl	< 0.003			
Thallium	(TI)	0.019	< 0.020			
Tungsten	(W)	0.054	< 0.090			
Uranium	(U)	0.085	< 0.120			

WATER CONTENT						
	RESULT % H₂O	REFERENCE INTERVAL	MEAN -2SD -1SD 72.5% +1SD +2SD			
% Water Content	67.6	60 - 85%				

INFORMATION

Analysis of elements in feces provides a comprehensive evaluation of environmental exposure, accumulation and endogenous detoxification of potentially toxic metals. For several toxic elements such as mercury, cadmium, lead, antimony and uranium, biliary excretion of metals into feces is the primary natural route of elimination from the body. Studies performed at DDI demonstrate that the fecal mercury content and number of amalgam surfaces are highly correlated, as is the case for post-DMPS urine mercury levels and amalgam surface area.

Results are reported as mg/kg dry weight of feces to eliminate the influence of variability in water content of fecal specimens. The reference values that appear in this report have been derived from both published data and in-house studies at DDI. *Due to exposure to mercury in the oral cavity, people with dental amalgams typically have a considerably higher level of mercury in the feces than individuals without dental amalgams; therefore, two reference ranges have been established for mercury.

To provide guidance in interpretation of results, patient values are plotted graphically with respect to percentile distribution of the population base. Since this test reflects both biliary excretion and exposure (metals to which the patient is exposed may not be absorbed), it may not correlate with overt clinical effects. Further testing can assist in determining whether the metals are from endogenous (biliary excretion) or exogenous (oral exposure) sources.

- 1. Bjorkman, L, Sandborgh-Englund, G, and Ekstand, J,. Mercury in Saliva and Feces after Removal of Amalgam Fillings. Toxicology & Applied Pharmacology 144: 156-162 (1997)
- Zalups, R, Progressive Losses of Renal Mass and the Renal and Hepatic Disposition of Administered Inorganic Mercury. Toxicology & Applied Pharmacology 130: 121-131 (1995) Adamsson, E., Piscator, M., and Nogawa, K., Pulmonary and Gastrointestinal Exposure to Cadmium Oxide Dust in a Battery Factory. Environmental Health Perspectives, 28: 219-222 (1979) 2.
- 3.
- 4. Smith, J., et al., The Kinetics of Intravenously Administered Methyl Mercury in Man. Toxicology & Applied Pharmacology 128:251-256 (1994) 5 Bass, D., et al., "Measurement of Mercury in Feces", Poster presentation 1999 AACC

SPECIMEN DATA Comments: Date Collected: 11/28/2011 Provocation: Dental Amalgams: not indicated Date Received: 12/1/2011 **Detoxification Agent:** Quantity: Date Completed: 12/8/2011 Methodology: Dosage: ICP-MS V08.10

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Page: 1 Client: **12345**

BISMUTH HIGH

Bi is a non-essential element of relatively low toxicity. However, excessive intake of insoluble, inorganic Bi containing compounds can cause nephrotoxicity and encephalopathy. Absorption is dependent upon solubility of the Bi compound, with insoluble Bi excreted in the feces while soluble forms are excreted in the urine. Sources of Bi include: cosmetics (lipstick), Bi containing medications such as rantidine Bi-citrate, antacids (Pepto Bismol), pigments used in colored glass and ceramics, dental cement, and dry cell battery electrodes. Several organometallic Bi compounds are used for bactericidal and fungicidal applications.

Symptoms of moderate Bi toxicity include: constipation or bowel irregularity, foul breath, blue/black gum line, and malaise. High levels of Bi accumulation can result in nephrotoxicity (nephrosis, proteinurea) and neurotoxicity (tremor, memory loss, monoclonic jerks, dysarthria, dementia).

Urine elements analysis can be used to corroborate Bi absorption for a period of days or a few weeks after the exposure. Dithiol chelating/complexing agents (DMPS, DMSA) markedly reduced Bi levels in liver and kidneys, and increased Bi in urine in animal studies (J. Lab. Clin. Med.; 119:529-537,1992).