



## Drinking Water Analysis

### Before you start:

We are pleased that you have chosen our laboratory to perform this analysis. The following information is provided to assist you in collecting and shipping the sample to ensure proper conditions for testing. Please follow the instructions carefully. Note that your water kit must be used within 2 years. The expiration date is noted on the collection bottle.

The water should be collected in a manner similar to the way in which your drinking water is taken. Elements present in water taken from a house faucet will be affected by the length of time you run the water before collecting the sample. Pipes can contribute many contaminants including lead and copper. Taking the water immediately, without letting it run, will tell you what is in the source water plus what is coming from the pipes. To reduce the contribution from household plumbing, let the water run for more than 5 minutes before collecting the sample. **NOTE: Non-drinking water samples or drinking water samples that contain a significant amount of sediment or other material may require a more rigorous preparation and should not be submitted. Result bias may occur in these samples. Please call if you have any questions.**

### Verify Kit Contents:

- 1 Test Requisition form (included in these instructions)
  - 1 Specimen collection vial
  - 1 Zip-lock bag with absorbent material
  - 1 USPS prepaid return shipping box  
(US only- If you are shipping from outside of the United States you must make your own shipping arrangements.)
- ◆ If you are missing kit components, please call Doctor's Data's Customer Service department for assistance.
  - ◆ Save the cardboard collection kit box to ship your samples back to the laboratory. Leave the absorbent material in the zip lock bag. Do not put it in the specimen vial.



US & CANADA: 1.800.323.2784 - UK: 0871.218.0052  
ELSEWHERE: 1.630.377.8139 - FAX: 1.630.587.7860  
3755 Illinois Avenue, St. Charles, IL USA 60174-2420  
inquiries@doctorsdata.com - www.doctorsdata.com

**Collect the specimen:**

1. Fill the provided specimen collection vial to the top with drinking water and securely tighten the cap.
2. Write the collection date on the bottle and indicate the water source (either municipal, well, bottled) and whether the sample has been filtered.
3. Place the specimen in the zip-lock bag with absorbent material and seal.
4. Complete the specimen information on the opposite page. If needed, complete the change of address section. Detach the right side of this page and insert into the pouch on the back of the zip-lock bag.
5. Place the zip-lock bag inside the return shipping box and close. The specimen is now ready for shipping.

***Keep this section of the paperwork for your records. We will ship your report to the below address unless otherwise instructed.***

We will send your results to:

Doctors Office  
123 Main St.  
Anytown, USA 01234

Sample ID: W000000-0000  
Expires: 12/12/2019

**Complete the test requisition form below. After completing, detach this side and include with your specimen.**

Water Collection Date: \_\_\_\_\_

Water Source: ☐ Municipal  
☐ Well  
☐ Bottled

Is your water ☐ Filtered **OR** ☐ Non-Filtered ?

W 000000-0000

**Complete this section if you need to correct or change your mailing address:**

Ship to:

Name

Street Address

City, State, Postal Code, (Country if outside the US)

**PLEASE RETURN THIS WITH YOUR  
WATER SAMPLE. THIS IS HOW WE  
WILL KNOW IT IS YOUR SAMPLE.  
THANK YOU!**