

# TEST REPORT

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# 2018 08 01 300 B

Ordering Provider:  
Getuwell Clinic

Samples Received  
08/01/2018  
Report Date  
08/06/2018

Samples Collected  
Blood Spot – 07/28/18 09:00

Patient Name: Prostate Specific Antigen  
Patient Phone Number: 555 555 5555

<b>Gender</b>	<b>Height</b>	<b>Waist</b>
Male	5 ft 9 in	34 in
<b>DOB</b>	<b>Weight</b>	<b>BMI</b>
01/01/1973 (45 yrs)	160 lb	23.6

TEST NAME	RESULTS   07/28/2018	RANGE
PSA	<0.5	<0.5-4 ng/mL (optimal 0.5-2)

<dl = Less than the detectable limit of the lab. N/A = Not applicable; 1 or more values used in this calculation is less than the detectable limit. H = High. L = Low.

## Therapies

None Indicated

**Disclaimer:** Supplement type and dosage are for informational purposes only and are not recommendations for treatment. For a complete listing of reference ranges, go to [www.zrtlab.com/reference-ranges](http://www.zrtlab.com/reference-ranges).

TEST NAME	MEN
PSA	<0.5-4 ng/mL (optimal 0.5-2)

**Disclaimer:** Symptom Categories below show percent of symptoms self-reported by the patient compared to total available symptoms for each category. For detailed information on category breakdowns, go to [www.zrtlab.com/patient-symptoms](http://www.zrtlab.com/patient-symptoms).

SYMPTOM CATEGORIES	RESULTS   03/27/22
Estrogen / Progesterone Deficiency	21%
Estrogen Dominance / Progesterone Deficiency	39%
Low Androgens (DHEA/Testosterone)	51%
High Androgens (DHEA/Testosterone)	31%
Low Cortisol	45%
High Cortisol	40%
Hypometabolism	42%
Metabolic Syndrome	35%

SYMPTOM CHECKLIST	MILD	MODERATE	SEVERE
Acne			
ADD/ADHD			
Addictive Behaviors			
Aggressive Behavior			
Allergies			
Anxious			
Apathy			
Autism Spectrum Disorder			
Blood Pressure High			
Blood Pressure Low			
Blood Sugar Low			
Body Temperature Cold			
Bone Loss			
Burned Out Feeling			
Chemical Sensitivity			
Cholesterol High			
Constipation			
Depressed			
Developmental Delays			
Dizzy Spells			
Eating Disorders			
Erections Decreased			
Fatigue - Evening			
Fatigue - Mental			
Fatigue - Morning			
Flexibility Decreased			
Forgetfulness			
Goiter			
Hair - Dry or Brittle			
Hair or Skin Oily			
Headaches			
Hearing Loss			
Heart Palpitations			
Hoarseness			
Hot Flashes			
Infertility			
Irritable			
Joint Pain			
Libido Decreased			
Mania			

SYMPTOM CHECKLIST	MILD	MODERATE	SEVERE
Mental Sharpness Decreased			
Muscle Size Decreased			
Muscle Soreness			
Nails Breaking or Brittle			
Neck or Back Pain			
Nervous			
Night Sweats			
Numbness - Feet or Hands			
OCD			
Panic Attacks			
Prostate Cancer			
Prostate Problems			
Pulse Rate Slow			
Rapid Aging			
Rapid Heartbeat			
Ringing In Ears			
Skin Thinning			
Sleeping Difficulty			
Stamina Decreased			
Stress			
Sugar Cravings			
Sweating Decreased			
Swelling or Puffy Eyes/Face			
Triglycerides Elevated			
Urinary Urge Increased			
Urine Flow Decreased			
Weight Gain - Breast or Hips			
Weight Gain - Waist			

## Lab Comments

PSA-0000

Prostate Specific Antigen (PSA) is lower than detectable range. This is common in healthy men with lower levels of testosterone as a result of aging. In healthy males with low PSA testosterone therapy will often increase PSA about 2-fold; increases in PSA outside the reference range (> 4) should be evaluated by a medical specialist to exclude prostate issues such as inflammation of the prostate, BPH, or prostate cancer. Very low levels of PSA (< 0.5) are also seen in men who have had their prostate glands removed due to prostate cancer.